

Curriculum Vitae

Date Prepared: April 27, 2018

Name: Tristan Gorrindo, MD

Office Address: 800 Maine Ave SW
Washington, DC 20024

Work Phone: (202) 559-3459

Work Email: tgorrindo@psych.org

Place of Birth: Reno, NV

Education

1999	B.S. (Magna cum laude)	Biochemistry	Georgetown University
2005	M.D. (Alpha Omega Alpha)	Medicine	Vanderbilt University School of Medicine

Postdoctoral Training

07/03-06/04	Clinical Research Fellow	Mood and Anxiety Program (PI: Ellen Liebenluft, MD)	National Institutes of Health, NIMH
07/05-06/06	Intern	Pediatrics	Massachusetts General Hospital for Children
07/06-06/08	Resident	Psychiatry	Massachusetts General Hospital /McLean Hospital
07/08-06/10	Fellow	Child Psychiatry	Massachusetts General Hospital

Additional Course Work

11/10	Comprehensive Instructor Course		Harvard/MIT Center for medical Simulation
04/14	Leadership Development for Physicians and Scientists		Harvard Medical School

Faculty Academic Appointments

07/05-06/10	Clinical Fellow	Psychiatry	Harvard Medical School
07/05-06/06	Clinical Fellow	Pediatrics	Harvard Medical School
07/10-12/12	Instructor	Psychiatry	Harvard Medical School
12/12-12/17	Assistant Professor	Psychiatry	Harvard Medical School
01/14-Present	International Faculty and Course Director	Harvard Macy Institute	Harvard Medical School

Appointments at Hospitals/Medical Associations

07/10-11/12	Assistant in Psychiatry		Massachusetts General Hospital
12/12-04/15	Assistant Psychiatrist		Massachusetts General Hospital
04/15-Present	Assistant Psychiatrist (Part-time)		Massachusetts General Hospital

03/15-Present	Director, Division of Education	American Psychiatric Association
03/16-Present	Deputy Medical Director	American Psychiatric Association
01/18-Present	Child Psychiatrist (Part-time)	Ross Center for Anxiety and Related Disorders

Other Professional Positions

2001-2005	Webmaster	Vanderbilt University School of Medicine
2009	Media Consultant	Peripheral Productions Inc., San Francisco, CA
2010	Contributing Author	APA Healthy Minds Website
2010-2014	Co-author	Psychology Today: The Digital Family Blog
2011	Consultant	World Health Organization (WHO), Study on global AGEing and adult health

Major Administrative Leadership Positions

Local

2010-2015	Associate Director, MGH Psychiatry Clerkship	Massachusetts General Hospital
2010-2013	Associate Director, Center for Mental Health and the Media	Massachusetts General Hospital
2010	Assistant Director, Division of Post-Graduate Medical Education	Massachusetts General Hospital
2011	Associate Director, Division of Post-Graduate Medical Education	Massachusetts General Hospital
2012	Co-Director, Division of Post-Graduate Medical Education	Massachusetts General Hospital
2012-2015	Director, Division of Post-Graduate Medical Education	Massachusetts General Hospital
2013-2015	Managing Director, Clay Center for Young Healthy Minds	Massachusetts General Hospital
2015-Present	Director of Education	American Psychiatric Association
2016-Present	Deputy Medical Director	American Psychiatric Association

Committee Service

Local

2008-2009	GME Systems Advisory Group	Partners Healthcare
2010-2014	Vascular Institute, Education Committee	Massachusetts General Hospital
2012-2015	Executive Committee on Education and Training	Massachusetts General Hospital
2013-2014	eCare (Epic) Implementation Education Council	Partners HealthCare
2013	Technology Innovation in Outpatient Psychiatric Care Committee (Chair)	Massachusetts General Hospital
2014-2015	Substance Abuse Care Redesign, Education Committee (Co-Chair)	Massachusetts General Hospital

Regional

2013	Innovation Platform Meeting Program	Massachusetts Technology Transfer Center
------	-------------------------------------	--

National

2015-Present	Resident Review Committee (ex-officio)	Accreditation Council on Graduate Medical Education
--------------	--	---

Professional Societies

2003-Present	American Academy of Child and Adolescent Psychiatry	
	2008-2010	Member, e-AACAP Advisory Board
	2011-2015	Organization Representative, Ethics Committee
	2011-2012	Co-Chair, CME Committee
	2013-2015	Chair, CME Committee
		<i>Received reaccreditation with commendation from ACCME</i>
	2013-2015	Member, Program Committee
	2014-2015	Member, Task Force on Educational Infrastructure
2004-Present	American Psychiatric Association	
	2015-Present	Council on Medical Education and Lifelong Learning
	2017-Present	Fellow of the American Psychiatric Association
2010-2012	Society for Simulation in Healthcare	
2011-Present	Association for Academic Psychiatry	
2014-2015	HMS Academy	
2015-Present	American Association of Directors of Psychiatric Residency Training	
2015-Present	Association for Academic Psychiatry	
2015-Present	Association of Directors of Medical Student Education in Psychiatry.	

Editorial Activities**Ad Hoc Reviewer**

Academic Psychiatry
 Clinical Psychology Science and Practice
 Journal of Bipolar Disorders
 Harvard Review of Psychiatry
 Health Services Insights
 Psychosomatics
 Journal of the American Medical Association
 Journal of Healthcare Engineering

Other Editorial Roles

2007- 2013	Assistant Editor	Harvard Review of Psychiatry
2010	Special Issue Editor	Harvard Review of Psychiatry
2013	Executive Editor	MGH Psychiatry Academy Press
2014	Special Issue Editor	Academic Psychiatry
2014-Present	Associate Editor	Harvard Review of Psychiatry
2015-Present	Associate Editor	American Psychiatric Press (APPI)

Honors and Prizes

2005	Beauchamp Prize in Psychiatry	Vanderbilt University
2006-2007	American Psychiatric Institute for Research and Education (APIRE)/Janssen Research Scholar	American Psychiatric Association
2009	Harry C. and Maida Solomon Award	Harvard Medical School, Department of Psychiatry
2010	Laughlin Fellow	The American College of Psychiatrists
2012	Jonathan F. Borus Outstanding Early Career Education Award (<i>Nominee</i>)	Harvard Medical School
2012	CFAK Annual Meeting Junior Scholar	American Academy of Child and Adolescent Psychiatry
2014	Jonathan F. Borus Outstanding Early Career Education Award (<i>Nominee</i>)	Harvard Medical School

Report of Funded and Unfunded Projects

Funded Projects

Past

1997-1999	National Institutes of Health. Biomedical Engineering and Instrumentation Program Intramural Program (PI: John Peterson, PhD) Laboratory Assistant
1999-2008	Georgetown University, Center for Population and Health. (PI: Maxine Weinstein, PhD) Project 1: Social Environment and Biomarkers of Aging Study (SEBAS) in Taiwan Project 2: Biodemographic Models of Reproductive Aging (BIMORA) Research Fellow in Aging
2008-2013	Biodemography of Health, Social Factors & Life Challenge (PI: Maxine Weinstein, PhD) N.I.H., 5R01AG016661-08 (RO1 renewed in 2011) Consultant
2011	Study of Global Aging and Adult Health (SAGE) (PI: Somnath Chatterji, MD) World Health Organization (WHO) Consultant
2011-2015	Relationships in the digital age: An internet survey of the impact of technology on families and couples Principal Investigator IRB Protocol #:2011-P-002306/1 National survey of parents regarding social and educational technology use in children.
2011-2015	Spaulding Harvard Spinal Cord Injury Model System (PI: Birnbaum) United States Department of Education Co-investigator The major goal of this study is to determine the clinical and functional effects of Transcranial Direct Current Stimulation (tDCS) for the treatment of pain associated with chronic spinal cord injury (SCI). Dr. Gorrindo's role is to lead the knowledge transfer efforts to educate SCI patients and their caregivers.
2012	Online Graphic Novel/Sequential Art Authoring Tools for Therapeutic Storytelling (PI: Russell Shilling) Defense Advanced Research Projects Agency (DARPA) Consultant
2012-2015	Boston-Harvard Burn Injury Model Systems (PI: Birnbaum)

- United States Department of Education
Co-investigator
The major goal of this study is to develop a model system center which will provide comprehensive rehabilitation services to individuals with severe burn injuries. Dr. Gorrindo's role is to use his expertise in e-Learning based technologies and methodologies within the continuing medical education environment, to assist in the design, implementation, and analysis of results within the proposed project.
- 2012-2015 A Novel Functioning Neuroimaging Approach for Detection of Visual Cognition in Patients with Severe TBI and Disorders of Consciousness (PI: Birnbaum)
United States Department of Education
Co-investigator
The major goal of this study is to develop a model system center which will provide comprehensive rehabilitation services to individuals with traumatic brain injuries. Dr. Gorrindo's role is to use his expertise in e-Learning based technologies and methodologies within the continuing medical education environment, to assist in the design, implementation, and analysis of results within the proposed project.
- 2013-2015 Mood Patient-Powered Research Network (PI: Nierenberg)
Patient-Centered Outcomes Research Institute (PCORI)
Co-investigator
Comparative effectiveness project focused on patient driven research to examine longitudinal course and treatment efficacy in patients with mood disorders.
- 2013-2015 Soldiers and Citizens Project
Principal Investigator
Public education initiative which uses acting, community panels, and innovative mobile apps to raise community awareness of PTSD and TBI in combat veterans.
- 2014-2015 Parents' beliefs about their children's reactions to the Marathon bombings and their aftermath (PI: Rauch)
Co-Investigator IRB Protocol #:2013-P-002651
Phone-based survey of 400 parents in the Boston area examining the impact of the 2013 marathon bombing and community lockdown on the mental well-being of children.
- 2015-2016 Understanding the Evidence for atypical antipsychotics
Agency for Healthcare Research and Quality (Grant 5R18HS021944)
Principle Investigator
- 2015-Present Transforming Clinical Practice Initiative: Support and Alignment Network
Centers for Medicare & Medicaid Services
Investigator
CMS funded effort to train 3500 psychiatrists and 1000 primary care physicians in the Collaborative Care model.
- 2015-Present Cooperative Agreement for the Provider's Clinical Support System – Medication Assisted Treatment Supplement
Substance Abuse and Mental Health Services Administration (SAMHSA)
Principal Investigator
Oversee the development and dissemination of webinars, podcasts, and other educational materials for psychiatrists related to the treatment of substance use disorders using medication assisted treatment.

Unfunded Projects

Past

- 2009 Pilot study of Computer Assessment Simulation Tool.
Principal Investigator (unfunded)
Completed an initial pilot of the CSAT software among adult and child psychiatry trainees.
Results are described in *Gorrindo, Acad Psychiatry, 2011 Fall;35(4):232-237.*
- 2011- 2013 Psychophysiological Indicators of Performance in Computer-Based Simulation
Principal Investigator (unfunded) IRB Protocol #: 2011P-000906
Measuring affective engagement (heart rate variability and galvanic skin conduction) and knowledge retention in subjects using the Computer Simulation Assessment Tool.
ClinicalTrials.gov Identifier: NCT01509794

Report of Teaching, Training, and Course Design

Teaching of Students in Courses

- | | | |
|-----------|--|-------------------------|
| 2010-2015 | Faculty Preceptor, Weekly Psychiatry Case Conference
Student enrolled in Psychiatry Clerkship | MGH
1 hour per week |
| 2010-2015 | Faculty Preceptor, PCE Weekly Case Conference
All students enrolled in MGH PCE | MGH
2 hours per week |

Clinical Supervisory and Training Responsibilities

- | | | |
|-----------|---|--------------------|
| 2010-2015 | Core Clerkship in Psychiatry
Faculty Preceptor / MGH | Two hours per week |
| 2010-2015 | PCE Weekly Case Conference
Faculty Preceptor / MGH | Two hours per week |

Formally Supervised Trainees

- 2012 Amy Yule, MD / Instructor in Psychiatry, Harvard Medical School
Created manualized treatment for problematic internet behaviors
- 2012 Elizabeth Goldfarb / Neuroscience Graduate Student, New York University
Co-authored 5 papers, 10 posters and 1 talk
- 2013 Scott Yapo, MD / Clinical Fellow in Psychiatry, Harvard Medical School
Published 1 book chapter
- 2014 Lydia Chevalier, PhD / Clinical Psychology Graduate Student, Boston University
Co-authored 3 papers, 10 posters, and 2 abstracts

Online Teaching and Enduring Material Development:

- | | | |
|------|---|------------------------|
| 2009 | TeleStroke Evaluation
www.mghcme.org | Simulation
[Online] |
| 2009 | Consent for Antipsychotic Medication
www.mghcme.org | Simulation
[Online] |
| 2010 | Caring for Diverse Patients with Depression
www.mghcme.org | Simulation
[Online] |
| 2010 | Consent for SSRI Medication
www.mghcme.org | Simulation
[Online] |
| 2010 | Mood Assessment and Intervention
www.mghcme.org | Simulation
[Online] |
| 2010 | Optimal Care of Depression
www.mghcme.org | Simulation
[Online] |

2010	Psychosocial Rehabilitation in Psychosis www.mghcme.org	Simulation [Online]
2010	Achieving Depression Remission www.mghcme.org	Simulation [Online]
2011	Managing Sleep in Complicated Depression www.mghcme.org	Simulation [Online]
2011	Managing Anxiety in Complicated Depression www.mghcme.org	Simulation [Online]
2011	Psychopharmacology 2011 MOC Self-Assessment Module Psychopharmacology, MGH Psychiatry Academy	MOC Module [ABPN]
2012	ADHD – MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Anxiety - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Mood Disorders I - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Mood Disorders II - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Psychosis - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Substance Use Disorders - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Child and Adolescent - MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	Psychiatry Recertification Exam Update & Preparation Course www.mghcme.org	Online Course [Online]
2012	General Psychiatry – MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	General Psychiatry #2 – MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	General Psychiatry #3– MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	General Psychiatry #4– MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	General Psychiatry #5– MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2012	General Psychiatry #6– MOC Self-Assessment Module www.abpn.com	MOC Module [ABPN]
2013	Assessment and Treatment Strategies for Residual Symptoms of Depression www.mghcme.org	Simulation [Online]
2013	Evaluating and Treating the Patient with Comorbid Anxiety and Depression www.mghcme.org	Simulation [Online]
2013	The Depressed Patient with “Tiredness”: Assessing Converging Causes of Fatigue www.mghcme.org	Simulation [Online]

2015-Present Oversee the development and design of 200+ online courses each [Online] year including live webinars, online modules, virtual learning collaboratives, pulsed learning activities, and self-assessment activities.

Local - Live Presentations and Course Development

2008 The Future is Now: Technology and Psychiatry in the 21st century
MGH Department of Psychiatry, Psychosomatics Conference. Boston, MA

2009 Computer Simulation in Psychiatry: Enhancements to the diagnosis and treatment of mental illness
Harvard Medical School, Combined Child Psychiatry Seminar Series. Belmont, MA

2010 Peering Across the Digital Divide: A fresh look at how students are using technology in education. Harvard Medical School, Annual HMS Psychiatry Symposium on Medical Student Education. Cambridge, MA.

2011 Legal, Professional and Ethical Pitfalls of Social Media. *Panelist.* Harvard Medical School, Clerkship Directors Meeting. Boston, MA.

2011 Social Networking: Living in the Web. Harvard Combined Psychiatry Resident Day. Belmont, MA.

2012 Enhanced teaching through better visuals and slides. MGH Center for Faculty Development. Boston, MA

2013 Medical Teaching 101: The fundamentals of adult learning. Workshop. MassGeneral Hospital for Children Pediatrics Residency. Boston, MA.

2013 The Evolution of Continuing Medical Education: Implications for Navigating New Requirements for Performance Evaluation and Maintenance of Certification and Licensure. MGH Psychiatry, Grand Rounds. Boston, MA.

2014 Keep your smartphones out: Using Audience Response Systems (ARS) to improve your teaching via polling and word clouds.
Harvard Macy Workshop. Boston, MA

Regional - Live Presentations and Course Development

2010 Web-based Simulation in Medical Education: Data from the MGH CSAT Project / Invited Lecture
Boston Area Electronic Media & Behavior Change Interest Group, Newton, MA

2011 Technology and Therapy: What Therapists Need to Know in the Digital Age / Invited 6-hour Workshop
Family Therapy Training Program of Boston, Cambridge, MA

2012 Facebook, Apps, and Psychiatry: What all clinicians need to know about practicing medicine in the digital age.
Massachusetts Psychiatric Society, Wellesley, MA

2012 Technology and Treatment: What therapists need to know in the digital age
South Shore Mental Health, Quincy, MA

2012 Assessment and Treatment of Children and Adolescents with Obsessive Compulsive Disorder.
Child & Adolescent Psychopharmacology 2012, Boston, MA

2013 Technology and Treatment: What mental health providers need to know in the digital age
Westwood Lodge Hospital, Westwood, MA

National - Live Presentations and Course Development

- 2009 Your Patients Are Googling You: Internet technology and the patient-physician relationship / Internal Medicine and Pediatrics Combined Grand Rounds
Maine Medical Center. Portland, ME
- 2010 The Digital Generation: How technology is shaping our kids / Keynote Address
Owen Wells Pediatric Conference, Barbara Bush Children's Hospital, Portland, ME
- 2010 Treatment of Problematic Internet Behaviors: Ideas for clinicians/ Workshop
Barbara Bush Children's Hospital, Portland, ME
- 2011 eProfessionalism: Understanding medical professionalism in the age of Facebook and Twitter / Psychiatry Grand Rounds.
Maine Medical Center, Portland, ME
- 2011 Correlates of Depressive Conditions: A Cross-Country Comparison Based on the Study of Global Aging and Adult Health (SAGE) / Talk (abstract)
Population Association of America Annual Meeting, Washington, DC
- 2011 Web-based Simulation as a Component of Continuing Medical Education.
MedBiquitous Annual Conference, Baltimore
- 2011 Young adults, problematic online behaviors, and 21st century communications technology.
Institute on Psychiatric Services, San Francisco, CA.
- 2012 Texts, Tweets, and Transgressions: Managing Boundaries in the Internet Age.
MGH Psychiatry Academy Virtual Grand Rounds (online)
- 2012 What would Erik Erickson say about the iPad? How data from The Digital Family Project can help us understand the ways in which families are using technology.
American Academy of Child and Adolescent Psychiatry 59th Annual Meeting, San Francisco, CA.
- 2012 W.A.I.T.: How can parent involvement and DBT skills be used to treat problematic internet behaviors?
American Academy of Child and Adolescent Psychiatry 59th Annual Meeting, San Francisco, CA.
- 2012 Clinical Cases: Using Technology to Teach about Technology.
American Academy of Child and Adolescent Psychiatry 59th Annual Meeting, San Francisco. (co-presenter)
- 2012 Rethinking Teaching: Solving educational and ethical dilemmas using technology .
Academy of Psychosomatic Medicine, 59th Annual Meeting. Atlanta, GA. (Chair).
- 2013 LMS Development: Integrating Education and Quality Improvement.
Alliance for Continuing Education in the Health Profession's 38th Annual Conference, San Francisco, CA.
- 2013 iPhones in the baby bag, toddlers tweets and adolescents chat roulette: A developmental perspective for understanding parental challenges in using technology
American Family Therapy Academy 2013 Annual Meeting, Chicago, IL.
- 2013 Design and Implementation of a Simulation-Based OPPE
Northeastern Group on Education Affairs (NEGEA), American Association of Medical Colleges (AAMC), New York City, NY.
- 2013 Ethical aspects of child and adolescent psychiatry practice: Have we changed how and what we think?
American Academy of Child and Adolescent Psychiatry 60th Annual Meeting, Orlando. (co-presenter)
- 2013 Ethical and Practical Consideration of Working with the Media.

- American Academy of Child and Adolescent Psychiatry 60th Annual Meeting, Orlando.
(co-presenter)
- 2014 A Tale of Two QI Projects: From Traditional PI CME to Innovative OPPE.
Alliance for Continuing Education in the Health Professions 39th Annual Meeting, Orlando.
- 2014 Autonomic Arousal and Emotional Learning in Web-Based Psychiatric Simulation
Alliance for Continuing Education in the Health Professions 39th Annual Meeting, Orlando.
- 2014 Teaching Ethics: Approaches for Everyone
American Academy of Child and Adolescent Psychiatry 61st Annual Meeting, San Diego.
(co-presenter)
- 2014 Helping You Know What You Don't Know: A Self-Assessment Review of
Psychopharmacology.
American Academy of Child and Adolescent Psychiatry 61st Annual Meeting, San Diego.
- 2014 Joining new technologies to humanity's oldest technology, Storytelling. Data and
engagement in the Soldiers and Citizens tour.
BMSF Mental Health and Well-being Grantee Summit. Washington, DC.
- 2015 Surviving Maintenance of Certification
APA Annual Meeting. Toronto, Canada
- 2016 Preparing Psychiatrists for Value-Based Care: Creating Opportunities for Psychiatry Faculty
and Residents to Learn Collaborative Care through the APA Support and Alignment
Network
Association for Academic Psychiatry. San Juan, PR
- 2016 Hackathons and Innovation: What your association can learn from the history of hacking
Doody Consulting Workshop for Associations. Chicago, IL
- 2017 Leveraging collaborative care to improve physician experience and health outcomes in
caring for patients with mental illness in the primary care setting.
Grand Rounds. Vanderbilt University School of Medicine. Nashville, TN
- 2017 Finding Old Principles in New Learners: A new approach to millennial learners. (keynote)
Harvard Medical School Psychiatry Education Day. Boston, MA.
- 2017 Enhancing Your Substance Use Disorder Training Through the
Development of Personalized Action Plans
American Association of Directors of Psychiatric Residency Training. San Francisco, CA.
- 2017 Preparing Psychiatrists for Value-Based Care: Applying Principles of
Collaborative Care in your training program
American Association of Directors of Psychiatric Residency Training. San Francisco, CA.
- 2017 Strength in Collaboration: Improving care for patients with mental health issues through the
dissemination of collaborative care principles.
Accreditation Council on Continuing Medical Education. Chicago, IL.
- 2017 Psychiatry Board Review and Clinical Synthesis. Course Director (1 day)
IPS: Mental Health Services Conference, New Orleans, LA.
- 2018 Will innovation help or hurt the challenge of physician burnout?
Regional Integrated Mental Health Conference, West Baden, Indiana.
- 2018 You are Human: Addressing Burnout through Improv.
American Psychiatric Association Meeting, New York City, NY.
- 2015 – Present Oversee the annual program development for the scientific program for the IPS: Mental
Health Services Conference (80 Peer reviewed sessions, 150+ faculty, 3 days, 1000
professional attendees)

2015 – Present Oversee the annual program development for the scientific program for the APA Annual Meeting (550 Peer reviewed sessions, 2000+ faculty, 5 days, 15000 professional attendees)

International - Live Presentations and Course Development

- 2011 Cross-country comparisons of self-reported vs. DSM-IV diagnosed depressive disorders: results from the Study of Global Ageing and Adult Health (SAGE)
15th World Congress of Psychiatry, Buenos Aires, Argentina
- 2012 Examining autonomic arousal in a web-based CME simulation activity
CME Congress 2012, Toronto, Canada
- 2014 Harvard Macy “Digital Educator”. Course Director (5 days), Singapore City, Singapore
- 2015 Harvard Macy “Digital Educator”. Course Director (5 days), Singapore City, Singapore
- 2017 Harvard Macy International “Digital Educator”. Course Director (5 days), Singapore City, Singapore
- 2018 Health Care Education 2.0 - Transforming your teaching for the digital age, Course Director (3 days), Melbourne, Australia

Report of Clinical Activities and Innovations

Current Licensure and Certification

2007-Present	Licensed Physician	Massachusetts Board of Registration of Physicians
2010-2020	Board Certified	American Board of Psychiatry and Neurology, General Adult Psychiatry
2011-2021	Board Certified	American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry
2017-Present	Licensed Physician	District of Columbia Board of Medicine

Practice Activities

2010- 2015	Outpatient Clinic	Massachusetts General Hospital, Child and Adolescent Outpatient Clinic	9 hrs per week
2008-2010	Moonlighting	Department of Mental Health, Fuller Mental Health Center	40 hrs per month
2014-Present	Private Practice		

Clinical Innovations

Surface coatings for hot-melt adhesive film. Peterson J, **Gorrindo T.** U.S. Patent 6,699,721. Filed October 23, 2001; issued March 2, 2004. Component of early versions of laser capture microdissection used throughout Pathology.

Report of Technological and Other Scientific Innovations

1. Computer Simulation Assessment Tool (CSAT) Online, interactive web-based simulation program used to assess a learners performance in simulated clinical encounters. CSAT is structured to serve as an education

intervention and a performance assessment tool. Has been developed and deployed through international CME programs available through the MGH Academy.
Described in *Gorrindo, Acad Psychiatry, 2011.*

Report of Education of Patients and Service to the Community

Educational Material for Patients and the Lay Community

Media Appearances, Quotes, or Contributions for the following press outlets:

Print/Online Outlets:	Radio Outlets:	TV Outlets:
Associations Now	NPR (WBUR)	PBS.com
American Medical News	Reach MD (XM 160)	BigIdeas.com
Boston Globe	Doctors Radio (XM 81)	
Meetings Net		
MetroDaily		
Medscape News		
Mindful Magazine		
Psychology Today		
PsychCentral.com		
Psychiatric News		
Parenting Magazine		
STAT		
Tu Boston		
Washington Times		

Books, monographs, articles and presentations in other media of the general public

2010-2014 **Regular Blog Contributor to Psychology Today's Digital Family Blog, the APA Healthy Minds Blog, and the Clay Center for Young Healthy Minds** with over 30,000 reads.

Report of Scholarship

Peer reviewed publications in print or other media

Original Research

1. Riley AP, Weinstein M, Ridley JC, Mormino J, **Gorrindo T**. Menarcheal age and subsequent patterns of family formation. *Soc Biol.* 2001;48(1-2):21-43. [pubmed 12194446]
2. Lin I, Goldman N, Weinstein M, Lin YH, **Gorrindo T**, Seeman T. Gender differences in adult children's support of their parents in Taiwan. *J Marriage Fam.* 2003;65(1):184-200.
3. Weinstein M, **Gorrindo T**, Riley A, Mormino J, Niedfeldt J, Singer B, Rodríguez G, Simon J, Pincus S. Timing of menopause and patterns of menstrual bleeding. *Am J Epidemiol.* 2003;158(8):782-791. [pubmed 14561668]
4. Towbin KE, Pradella A, **Gorrindo T**, Pine DS, Leibenluft E. Autism spectrum traits in children with mood and anxiety disorders. *J Child Adolesc Psychopharmacol.* 2005;15(3):452-464. [pubmed 16092910]
5. Ferrell RJ, O'connor KA, Rodríguez G, **Gorrindo T**, Holman DJ, Brindle E, Miller RC, Schechter DE, Korshalla L, Simon JA, Mansfield PK, Wood JW, Weinstein M. Monitoring reproductive aging

- in a 5-year prospective study: aggregate and individual changes in steroid hormones and menstrual cycle lengths with age. *Menopause*. 2005;12(5):567-577. [pubmed 16145311]
6. **Gorrindo T**, Blair RJ, Budhani S, Dickstein DP, Pine DS, Leibenluft E. Deficits on a probabilistic response-reversal task in patients with pediatric bipolar disorder. *Am J Psychiatry*. 2005;162(10):1975-1977. [pubmed 16199850]
 7. Leibenluft E, Cohen P, **Gorrindo T**, Pine D. Chronic vs. episodic irritability in youth: A community-based, longitudinal study of clinical and diagnostic associations. *J Child Adolesc Psychopharmacol*. 2006;16(4):456-466. [pubmed 16958570]
 8. **Gorrindo T**, Singer B, Simon J, Pincus S, Weinstein M. Lifelong menstrual histories are typically erratic and trending - A taxonomy. *Menopause*. Jan/Feb 2007;14(1):74-88. [pubmed 17075433]
 9. Rosenbaum B, **Gorrindo T**, Patel S, McTigue M, Rodgers SM, Miller BM. Medical student involvement in website development. *Medical Teacher*. 2009;31(7):627-633. [pubmed 19811147]
 10. **Gorrindo T**, Baer L, Sanders K, Birnbaum R, Fromson J, Sutton-Skinner KM, Romeo SA, Beresin E. Web-based simulation in psychiatry residency training: a pilot study. *Acad Psychiatry*. 2011 Fall;35(4):232-237. [pubmed 21804041]
 11. Fromson JA, Sutton-Skinner K, **Gorrindo T**, Baer L, Birnbaum RJ. Lack of attention to body mass index during first-time prescribing of second-generation antipsychotic medication to children: A survey study using a clinical vignette. *Early Intervention in Psychiatry*. [pubmed 22225592]
 12. Goldfarb E, Fromson JA, **Gorrindo T**, Birnbaum RJ. Enhancing Informed Consent Best Practices: Gaining Patient, Family, and Provider Perspectives Using Reverse Simulation. *J of Medical Ethics*. 2012; 38:546-551. [pubmed 22522147]
 13. **Gorrindo T**, Groves J. The psychodynamics of transference: a virtual reality model. *Am J of Psychotherapy*. 2012;66(2):151-163(13). [pubmed 22876527]
 14. Goldfarb E, Baer L, Fromson JA, **Gorrindo T**, Birnbaum RJ. Attendees' Perceptions of Commercial Influence in Non-Commercially Funded CME Programs. *J Contin Educ Health Prof*. 2012 Jun;32(3):205-11. [pubmed 23008083]
 15. **Gorrindo T**, Fishel A, Beresin EV. What would Erik Erikson say about iPhones in the baby bag, toddler tweets, and Facebook friends: Understanding technology use throughout development. *FOCUS: The Journal of Lifelong Learning in Psychiatry*. 2012;10(3):282-92.
 16. Hu Y-P, Wehrly R, **Gorrindo T**, Hezel DM, Girona C, Jenike MA, Stewart E. Gender specific short stature in male adolescents with obsessive-compulsive disorder. *Journal of Obsessive-Compulsive and Related Disorders*. 2013;2(1):30-6.
 17. **Gorrindo T**, Goldfarb E, Chevalier L, Hoepfner B, Birnbaum R, Meller B, Alpert J, Herman J, Weiss A. Interprofessional Differences in Disposition Decisions: Results from a Standardized Web-Based Patient Assessment. *Psychiatric Services*. 2013;64(8):808-11. [pubmed 23903607]
 18. **Gorrindo T**, Goldfarb E, Birnbaum R, Chevalier L, Meller B, Alpert J, Herman J, Weiss A. Design and Implementation of Simulation-Based OPPE in Psychiatry: A Novel Tool for Ongoing Performance Assessment. *The Joint Commission Journal on Quality and Patient Safety*. 2013;39(7):319-23. [pubmed 23888642]
 19. **Gorrindo T**, Chevalier L, Goldfarb E, Hoepfner BB, Birnbaum RJ. Autonomic Arousal and Emotional Learning in Web-Based Psychiatric Simulation. *Journal of Continuing Education in the Health Professions*. 34(S1):S17-S22, 2014.[pubmed 24935879]
 20. DeJong S, **Gorrindo T**. To text or not to text: Applying clinical and professionalism principles to decisions about text messaging with patients. *J Amer Acad Child and Adolescent Psychiatry*. Jul;53(7):713-5. 2014. [pubmed 24954818]

21. **Gorrindo, T.**, Stock S. Bringing Education to the Bedside: A Primer on CME and MOC Requirements. *J Amer Acad Child and Adolescent Psychiatry*. 2014 Oct;53(10):1042-4. [pubmed 25245345]
22. Chevalier, L., Goldfarb, E., Miller, J., Hoepfner, B., **Gorrindo, T.**, and Birnbaum, R. Gaps in Preparedness of Clergy and Healthcare Providers to Address Mental Health Needs of Returning Service Members. *J Relig Health*. 2015; 54(1):327-38. [pubmed 25112409].
23. Choice T, Rubin D, Danforth N, **Gorrindo T**. Building bridges in a fractured family: developing new conversations around technology and sexual orientation. *Harv Rev Psychiatry*. 2015 May-Jun;23(3):201-11.
24. **Gorrindo, T.**, Beresin, EV. Is "See One, Do One, Teach One" Dead? Implications for the Professionalization of Medical Educators in the Twenty-First Century. *Acad Psychiatry*. 2015 Dec;39(6):613-4.

Review Articles

1. **Gorrindo T**, Groves JE. Computer simulation and virtual reality in the diagnosis and treatment of psychiatric disorders. *Acad Psychiatry*. 2009;33(5): 413-417. [pubmed 19828861]
2. **Gorrindo T**, Groves JE. Crime and hate in virtual worlds: a new playground for the id. *Harv Rev Psychiatry*. 2010;18:113-118. [pubmed 20235776]

Chapters (peer-reviewed)

1. **Gorrindo T**, Groves J. Brave New Worlds: Medical Professionalism in the Digital Era. In: *Social Media in Medicine*. New Forums Press. 2012: 53-71. [\[ISBN 1581072228\]](#)
2. **Gorrindo T**, Chatterji S, Kowal P, Weinstein M. A Cross-Country Comparison of Sociodemographic Correlates of Depression in the WHO Study of Global Aging and Adult Health (SAGE). In: *Applied Demography and Public Health*. Series 3. Springer Science+Business Media. 2013: 45-60.

Editorials

1. **Gorrindo T**, Brendel D. Avatars, cyber-coaches, and search engines: internet technology's value in modern psychiatry. *Harv Rev Psychiatry*. 2010;18:77-79. [pubmed 20235772]

Clinical Communications

1. **Gorrindo T**, Groves JE. Web searching for information about physicians. *JAMA*. 2008;300(2):213-215. [pubmed 18612120]
2. Kranick SM, **Gorrindo T**, Hallett M. Psychogenic movement disorders and motor conversion: a roadmap for collaboration between Neurology and Psychiatry. *Psychosomatics*. 2011;52(2):109-116. [pubmed 21397102]
3. **Gorrindo T**, Groves JE. Medical eProfessionalism: a tale of two doctors. *J Clin Ethics*. 2011; 22(2): 176-178. [pubmed 21804041]

Books/Textbooks for the medical or scientific community

1. Stern, T., Herman J, and **Gorrindo, T**. Massachusetts General Hospital Psychiatry Update and Board Preparation. 3rd Edition. Boston (MA):MGH Psychiatry Academy Press; 2012. [\[ISBN 0781795044\]](#)

Non-peer reviewed research publications

1. **Gorrindo T**, Groves JE. Web searches about physicians. [letter in reply]. *JAMA*. 2008;300(19):2249-2250. [\[doi 10.1001/jama.2008.658\]](#)

2. **Gorrindo T**, Chevalier L, Hoepfner B, Han K, Gandhi R, Zachary K, Triant V, Birnbaum RJ. Integrating quality improvement and education: A tale of two QI projects. MedEdPORTAL iCollaborative, 2013 [MedEdPortal].
3. **Gorrindo T**, Chevalier L, Schifferdecker K, Reed V, Birnbaum RJ. Educational Program Evaluation Utilizing the SMART Learning Plan. MedEdPORTAL iCollaborative, 2013. [MedEdPortal]

Reviews, chapters, monographs and editorials

1. Bahl R, Booma ES, **Gorrindo T**, Okpokwasili E. Special populations: child psychiatry. In: Rosenquist JN, Nykiel S, eds. The Massachusetts General Hospital/McLean Hospital Pocket Handbook of Psychiatry. Philadelphia (PA): Lippincott Williams & Wilkins; 2009: 115-121. [ISBN 0781795044]
2. Locke S, **Gorrindo T**. Technology in treatment and physician-patient communication. In: Fogel BS, Greenberg D, eds. Psychiatric Care of the Medical Patient, 3rd Edition. *In Press*.
3. Bostic JQ, **Gorrindo T**. Test-Taking Strategies and Combating Test Anxiety. In: Stern TA, Herman J, and Gorrindo T, eds. Massachusetts General Hospital Psychiatry Update and Board Preparation, 3rd Edition. Boston (MA):MGH Psychiatry Academy Press; 2012: p3-7. [ISBN 0781795044]
4. Goldfarb E, **Gorrindo T**. Psychiatry. In: Levine A, DeMaria S, Schwartz A, editors. The Comprehensive Textbook of Healthcare Simulation. New York: Springer Science+Business Media 2013: p511-525.
5. Hua LH, Yapo S, Yule A, **Gorrindo T**. Problematic Internet Behaviors: Diagnostic and Treatment Implications for Clinicians. In: Saleh F, Grudzinskas A, Judge A, editors. Adolescent Sexual Behavior in the Digital Age: Considerations for Clinicians, Legal Professionals, and Educators. Oxford University Press: 2014. [\[ISBN 0199945594\]](#)

Letters to the Editor

1. **Gorrindo T**, Gorrindo PC, Groves JE. Intersection of online social networking with medical professionalism: can medicine police the Facebook boom? J Gen Intern Med. 2008;23(12):2155. [pubmed 18830759]

Select Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings

1. **Gorrindo T**. Minimal risk ethics in pediatric clinical research. Clinical Research Training Program, National Institutes of Health. April 2004.
2. Schweder AE, McClure EB, **Gorrindo T**, Leibenluft E. Neuropsychological processing in youth with bipolar disorder or chronic irritability. In E. Leibenluft (chair), Irritability and psychopathology across development. American Academy of Child & Adolescent Psychiatry, Washington, DC: October, 2004.
3. Leibenluft E, Dickstein D, McClure E, **Gorrindo T**, Pine D. Amygdala-orbitofrontal dysfunction in pediatric bipolar disorder: behavioral and neuroimaging evidence. In M. Pavuluri (chair), Models of Neuro-Cognitive Dysfunction in Pediatric Bipolar Disorder. American Academy of Child & Adolescent Psychiatry. Washington, DC: October, 2004.
4. Leibenluft E, McClure E, Dickstein DP, **Gorrindo T**, Treland J, Pine DS. Response reversal and social cognition deficits in pediatric bipolar disorder: Evidence of amygdala-OFC dysfunction? Biological Psychiatry. 2004 Apr 15; 55(8 Supp.): 349.
5. Ferrell R, O'Connor K, Holman D, Brindle E, Miller R, Schechter D, **Gorrindo T**, Korshalla L, Simon J, Voda A, Wood J, Mansfield P, Weinstein M. The biodemographic models of reproductive aging (BIMORA) project: methods and steroid hormone and menstrual cycle findings in a five year

- prospective of the transition to menopause. *Abstract*. Population Association of America. Boston, MA: May 2004.
6. **Gorrindo T**, Blair J, Pine D, Leibenluft E. Passive avoidance learning deficits in pediatric bipolar disorder. *Poster*. AMSA National Conference. Kansas City, MO: March, 2004.
 7. **Gorrindo T**, Gleib D, Weinstein M. Peripheral and genetic biomarkers of chronic depression in Taiwan. American Psychiatric Association Colloquium for Young Investigators. *Poster*. Washington, DC: May 2008
 8. **Gorrindo T**, Baer L, Fromson J, Sutton-Skinner KM, Romeo SA, Beresin EV, Sanders KM, Birnbaum RJ. Simulation based assessment of the informed consent process in patients with varying health literacy. *Poster*. Harvard Medical School, Mysell Research Colloquium. Boston, MA: April, 2009. Winner of the Solomon Award for best Resident poster.
 9. **Gorrindo T**, Baer L, Locke S, Fromson J, Sutton-Skinner KM, Romeo SA, Beresin EV, Sanders KM, Birnbaum RJ. Prototype development of a web-based assessment tool for the informed consent process. *Poster*. American Association for Technology in Psychiatry Annual Meeting. San Francisco, CA: May, 2009.
 10. **Gorrindo T**, Locke S, Romeo S, Sutton-Skinner K, Rieu Werden M, Baer L. Development of a web-based simulator to teach improved patient-physician interactions. *Poster*. The Academy at Harvard Medical School, Medical Education Day. Boston, MA: Oct 2009.
 11. **Gorrindo T**, Baer L, Locke S, Fromson J, Sutton-Skinner KM, Romeo SA, Beresin EV, Sanders KM, Birnbaum RJ. Web-based assessment of physician performance. *Poster*. Institute for Healthcare Improvement, 21st Annual National Forum. Orlando, Fl: Dec, 2009.
 12. Goldfarb E, Fromson JA, Baer L, **Gorrindo T**, Birnbaum RJ. Revers simulation: novel tools to implement informed consent methods. *Poster*. 4th Annual NIH Conference on the Science of Dissemination and Implementation. Bethesda, MD: March 2011.
 13. Iodice KE, Goldfarb E, **Gorrindo T**, Baer L, Moody JL, Rieu-Werden ML, Fromson JA, Birnbaum RJ. Patient and family panels enhance live continuing medical education programs. *Poster*. Society for Academic Continuing Medical Education. New York, NY: April 2011.
 14. Rieu-Werden ML, Hirsch M, **Gorrindo T**, Fromson JA, Romeo SA, Birnbaum RJ. Antipsychotic associated metabolic side effects: examining knowledge and practice gaps among prescribing clinicians. *Poster*. Harvard Medical School, Mysell Research Colloquium. Boston, MA: April, 2011.
 15. Irwin L, Fishman JA, Rieu-Werden ML, Romeo SA, **Gorrindo T**, Birnbaum, RJ. CMS Conditions of participation: an interactive learning module for competency assessment. *Poster*. 18th annual UNOS Transplant Management Forum. Orlando, FL: April 2011.
 16. Hu YP, Wherley R, **Gorrindo T**, Hezel D, Gironde C, Jenike M, Stewart SE. Gender difference of height in adolescents with obsessive-compulsive disorder and its potential implications. *Poster*. International OCD Foundation. San Diego: July 2011.
 17. Hu YP, Wherley R, **Gorrindo T**, Hezel D, Gironde C, Jenike M, Stewart SE. Short stature in male adolescents with obsessive compulsive disorder. *Poster*. American Academy of Child & Adolescent Psychiatry. Toronto: Oct 2011.
 18. Goldfarb E, Fromson JA, **Gorrindo T**, Birnbaum RJ. Enhancing informed consent best practices: Disseminating reverse simulation. *Poster*. 5th Annual NIH Conference on the Science of Dissemination and Implementation. Bethesda, MD: March 2012
 19. Letourneau L, Chisari RG, Fromson JA, Goldfarb E, **Gorrindo T**, Gray C, Grenier N, Hoepfner B, Payne S, Birnbaum RJ. Improving Quality and Team-Based Practice: Using Education Innovation

- to Implement the Patient Centered Medical Home Throughout Maine. *Poster*. 4th Annual AAMC Integrating Quality Meeting. Chicago, IL: June 2012.
20. **Gorrindo T**, Goldfarb E, Fromson JA, Hoepfner BB, Birnbaum RJ. Mixed Methods Needs Assessment of Interprofessional Preparedness. Poster accepted for presentation at CME Congress. Toronto, CA: May – June 2012.
 21. Goldfarb E, **Gorrindo T**, Evans KC, Dougherty DD, Hoepfner BB, Fromson JA, Birnbaum RJ. Autonomic Arousal and Emotional Learning in Web-Based Psychiatric Simulation. Poster accepted for presentation at The Myself Research Colloquium, Harvard Medical School. Boston, MA: March 2012.
 22. Petersen TI, Sprich S, Wilhelm S, Birnbaum RJ, Fromson JA, **Gorrindo T**, Goldfarb E. CBT Basics Training for Remotely Located Practitioners: Development and Implementation of an Interactive Online Course. *Poster*. Association for Behavioral and Cognitive Therapies. Baltimore, MD: Nov 2012.
 23. Chevalier L, **Gorrindo T**, Goldfarb E, Hoepfner B, Birnbaum RJ, Meller B, Alpert J, Herman J, Weiss A. Using a Web-based Standardized Clinical Encounter to Evaluate Providers' Ability to Assess Risk of Suicide. 24th Annual National Forum on Quality Improvement in Health Care. Orlando, FL; 2012.
 24. Chevalier L, **Gorrindo T**, Goldfarb E, Hoepfner B, Birnbaum R. Evaluating and Addressing the Role of Caregivers in Patient-Centered Care through Educational Programs. *Public and Community Psychiatry Symposium* Boston; 2013.
 25. Chevalier L, **Gorrindo T**, Hoepfner B, Birnbaum R. Clinical Web-Based Simulation: A Novel Tool for Teaching the Basics of Medication Management to Non-Prescribers. HMS Psychiatry Research Day & Myself Lecture. Boston; 2013.
 26. **Gorrindo T**, Chevalier L, Hoepfner B, Han K, Gandhi R, Zachary K, Triant V, Birnbaum RJ. Integrating quality improvement and education: A tale of two QI projects. *Poster*. 5th Annual AAMC Integrating Quality Meeting. Chicago, IL: June 2013.
 27. Chevalier L, **Gorrindo T**, Reed V, Schifferdecker K, Birnbaum RJ. Evaluating the Use of Personal Learning Plans to Assess Intent to Change in Live and Online Educational Programs. AAMC Annual Meeting. Philadelphia, 2013.
 28. Chevalier L, **Gorrindo T**, Simmons L, Leavitt L, Hoepfner B, Petersen T, Birnbaum RJ. Gender and Racial Differences in Perceptions of Shared Decision Making. MGH Clinical Research Day. Boston, 2013.
 27. Chevalier L, Han K, **Gorrindo T**, Hoepfner B, Gandhi R, Zachary K, Triant V, Birnbaum RJ. Addressing Smoking Cessation and Lipid Management in HIV Care: A Quality Improvement/Education Initiative. Alliance for Continuing Education in the Health Professions 39th Annual Meeting. Orlando; 2014.
 28. Chevalier L, **Gorrindo T**, Reed V, Schifferdecker K, Birnbaum RJ. Using a Personal Learning Plan to Demonstrate the Effects of an Educational Program on Clinical Practice. AAMC Northeastern Group on Educational Affairs Meeting. New Haven, 2014.